Essential Skills Assessment

For each of the 9 Essential Skills, assess your skill level, and list 2 activities you have done in the past 6 months to use or practice these skills.

READING TEXT	Poor	Fair	ОК []	Good	Excellent	
WRITING	Poor	Fair	ОК	Good	Excellent	
COMPUTER USE	Poor	Fair	ОК	Good	Excellent	
ORAL COMMUNICATION	Poor	Fair	ОК	Good	Excellent	
DOCUMENT USE	Poor	Fair	ОК	Good	Excellent	
NUMERACY	Poor	Fair	ОК 	Good	Excellent	
THINKING SKILLS	Poor	Fair	ОК	Good	Excellent	
CONTINUOUS LEARNING	Poor	Fair	ОК 	Good	Excellent	
WORKING WITH OTHERS	Poor	Fair	ОК	Good	Excellent	



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